

## Suggested garlic Formulas Based on Clinical Studies & Research

Garlic powder conversion: 1 medium fresh clove= 550mg- 650mg garlic powder.

Wet to dry ratio: 3-5kg to 1kg (based on initial moisture of crop)

<u>Recommended garlic:</u> NewGar<sup>®</sup>, the #1 nutraceutical deodorized and standardized garlic, naturally low micro, & available in allicin potential from 2,000-10,000ppm.

<u>Stability of garlic tablets:</u> It is recommended to use 5-7% overage in tablet production to insure the 100% potency over the two-year shelf life of the tablets.

High potency/Anti-oxidant/Cardio/GI Formulas/and/or immunity formula.

(Enteric coated is recommended for the allicin to produce in the intestinal level bypassing the gastric acid, & in order to release the expected level of allicin in the body: 6,000mg of allicin per min per gram of garlic powder (Recommendation is based on various clinical studies.)

\*Suggested Formulation using New-Gar<sup>®</sup> 10,000ppm Allicin: NG10000G or NG10000P

Call us to discuss your needs, or email your requests to:

rana@nature4science.com or info@nature4science.com

- 1. Heart/Cardio: Garlic/CoQ10, and New-Gar<sup>®</sup>garlic\*
- 2. Cognitive +: selenium, and New-Gar<sup>®</sup> garlic\*
- 3. Antioxidant: Broccoli, and New-Gar<sup>®</sup> garlic\*
- 4. Breath Health: parsley, and New-Gar<sup>®</sup>garlic\*
- 5. Weight Control: Cayenne, and New-Gar<sup>®</sup>garlic \*
- 6. Memory +: Ginkgo, and New-Gar<sup>®</sup> garlic\*
- 7. Memory + cognitive: lecithin, and New-Gar<sup>®</sup> garlic\*
- 8. Immunity: Echinacea/Goldenseal, and New-Gar<sup>®</sup> garlic\*
- 9. GI/Digestive: enzymes, and New-Gar<sup>®</sup> garlic\*