



# Nature \*4\* Science™

Where Nature & Science Meet

## News and Events

**SupplySide®  
WEST**

OCT. 31 - NOV. 4, 2022 | EXPO HALL NOV. 2 & 3  
Mandalay Bay, Las Vegas, NV

After the difficult past years that forced us to keep our distance from one another, we can hardly wait to see our friends and customers again!

Please visit us at the SupplySide West 2022, Mandalay Bay, Las Vegas, booth # 3331



[www.nature4science.com](http://www.nature4science.com)

## Garlic (*Allium sativum*) and its organosulfur compounds

In recent decades, garlic has been the subject of several clinical studies for cardiovascular (decrease in body lipids), anti-viral, anti-cancer, antioxidant and immuno-stimulant.

In addition to the studies, many reports and reviews have also been published in pharmaceutical and nutraceutical publications.

Garlic supplements have continuously shown a successful sales record in the retail, health, mass and MLM markets.



The recommended daily dosage in most studies was 1200-1800 mg representing Allicin at .05 mg/kg/body weight.  
1 medium garlic clove= ~ 600 mg garlic powder.

For more information on New-Gar® garlic, please visit our website  
[www.nature4science.com/garlic](http://www.nature4science.com/garlic)

## Zaffronel® the Best Natural Alternative for Mood, Stress, Anxiety and Memory



Sales for anxiety/stress relief dietary supplements in 2020 grew 79% from 2018(2). Furthermore, trends seem to indicate that sales of these products won't be slowing down anytime soon. According to Goldstein Market Intelligence, global sales of stress management supplements are expected to grow at a CAGR of 2.3% during the 2017-2030 period(3)

**Zaffronel®** (saffron extract 2% safranal) continues to be the best new natural supplement that may help with stress, mood and anxiety and it has been well tolerated in clinical studies.

Only 30 mg of saffron extract 2% safranal has been proven effective to treat depression and anxiety in well documented clinical studies.

Saffron and its metabolites have been shown to be effective in different models of psychiatric disorders, including depression and anxiety, comparing their effects with pharmaceutical antidepressants such as imipramine, fluoxetine, citalopram and sertraline. This action is attributed to the crocins that can act through the inhibition of the absorption of the neurotransmitters dopamine and noradrenaline, and safranal inhibiting the reuptake of serotonin, and may function as both N-methyl D-aspartic

**Zaffronel®** is grown and manufactured in Spain exclusively for Nature\*4\*Science.

Manufacturer is GMP Certified, and FDA approved.

**Zaffronel®** is certified Kosher, DNA certified and inventory is in California available in 3-4 business days.

We offer **Zaffronel®** in powder and in 30 mg capsules.

If you need additional information or a sample, please contact our customer service at 714-223-0647  
[customerservice@nature4science.com](mailto:customerservice@nature4science.com)  
or visit our website  
[www.nature4science.com/zaffronel](http://www.nature4science.com/zaffronel).

### References:

1. *APA: U.S. Adults Report Highest Stress Level Since Early Days of the COVID-19 Pandemic. American Psychological Association. February 2, 2021. Retrieved July 22, 2021*  
from <https://www.apa.org/news/press/releases/2021/02/adultsstress-pandemic>.
2. *Francis E. COVID-19 Stress Drives Anxiety-Reducing Supplement Sales Up 79% In US Since 2018. HBW Insight. 30 Apr 2021. Retrieved July 22, 2021*  
from <https://hbw.pharmaintelligence.informa.com/RS151287/COVID19-Stress-Drives-AnxietyReducing-Supplement-Sales-Up-79-In-US-Since-2018>.
3. *Global Stress Management/Relief Supplements Market Report- Trends, Share, Key Players, Manufacturer's List, Trade Data,*

acid (NMDA) receptor antagonists and GABA-agonists.

**Industry Analysis, By Supplement  
(Tryptophan, Zinc, Magnesium, Vitamin B, Iron Supplement), By Nature(Herbal & Chemical Based), By Distribution Channel With COVID-19 Impact | Forecast Period 2017-2030.  
Goldstein Market Intelligence. May 24, 2021.887  
pgs**

Nature\*4\*Science, Inc | 5753-G Santa Ana Canyon Rd., #573, Anaheim Hills, CA 92807

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