



Nature *4* Science™
Where Nature & Science Meet

TWO INGREDIENTS TO BE CONSIDERED IN TIMES OF COVID-19 **ZAFFRONEL® & NEW-GAR®**



Mental Health in Times of Covid-19

May is Mental Health Awareness month and at Nature4Science, Inc., we know the importance of mental wellbeing. We believe our **Zaffronel®** Saffron extract 2%, a science based natural ingredient, could make a difference specially in these challenging times.

The Covid-19 crisis has forced people globally to confront a range of stressors —grief at the loss of loved ones; anxiety at the loss of jobs; isolation and restrictions on movement; difficult family dynamics; uncertainty and fear for the future. Global mental health experts have agreed that Covid-19 is creating a mental health crisis within a crisis and experts fear that, for some people, the mental health impact of the crisis could last even after the pandemic.

Many are concerned that the painful changes brought about by the corona virus pandemic will cause a spike in mental health problems that could persist long after the most immediate threat of the virus is over. “That is being the case with other major disasters, like Hurricane Katrina”, said Lisa Meredith, a senior behavioral scientist at the Rand Corporation Think Tank who has studied disaster preparedness. “It’s not just during the event,” she said. “People will be stressed afterward.”

References:

<https://time.com/5839553/un-action-mental-health-crisis/>

<https://www.everydayhealth.com/coronavirus/a-therapist-answers-how-does->

Zaffronel® (saffron extract 2% safranal) continues to be the best new natural supplement that may help with stress, mood and anxiety and it has been well tolerated in clinical studies.

Only 30 mg of saffron extract 2% safranal has been proven effective to treat depression and anxiety in well documented clinical studies.

Saffron and its metabolites have been shown to be effective in different models of psychiatric disorders, including depression and anxiety, comparing their effects with imipramine or fluoxetine. This action is attributed to the crocins that can act through the inhibition of the absorption of the neurotransmitters dopamine and noradrenaline, and safranal inhibiting the reuptake of serotonin, and may function as both N-methyl D-aspartic acid (NMDA) receptor antagonists and GABA-agonists.



Zaffronel® manufactured

<https://www.vox.com/identities/2020/4/16/21219693/coronavirus-anxiety-depression-mental-health-https://abcnews.go.com/Health/unemployment-isolation-covid-19s-mental-health-impact/story?id=69939700ptsd-covid>
[https://www.everydayhealth.com/emotional-health/the-lasting-impact-of-covid-19-how-will-it-affect-our-mental-health/?slot=0&eh_uid=9640021&xid=nl_EHNLemohealth_2020-05-22_20394055&utm_source=Newsletters&nl_key=nl_mentalhealth_mooddisorders&utm_content=2020-05-22&utm_campaign=Mental Health and Mood Disorders&utm_term=creativeA](https://www.everydayhealth.com/emotional-health/the-lasting-impact-of-covid-19-how-will-it-affect-our-mental-health/)
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4599112/>



in Spain exclusively for Nature*4*Science.

Our manufacturer is GMP Certified, FDA registered facility, as well as organic certified, and available for audits.

Zaffronel® is certified Kosher, DNA certified and inventory is in California available in 3-4 business days.

We offer **Zaffronel®** in powder and in 30 mg capsules

For more information, please visit our saffron page: [Zaffronel® Saffron](#)

NATURAL ANTI-VIRAL HELP IN TIMES OF COVID-19



New-Gar® garlic offers a full line of standardized, deodorized nutraceutical garlic ranging from 2000-10000ppm Allicin potential along with a garlic extract, black garlic and garlic oil.

For more information, visit our garlic page on our website:

[New-Gar® Garlic](#)

The corona virus pandemic has created a shortage of garlic bulbs at the grocery stores. Consumers have ramped up their garlic purchases believing the garlic cloves have properties that could be helpful against the virus. We, as well in the supplements industry, have seen an unprecedented demand for garlic. This was all due to the H1N1 epidemic that hit China few years ago and was treated successfully with garlic supplements. Garlic contains natural sulfur that can play a role in the antiviral effect, but in order to maximize its effects, and to have the highest enzymatic reaction, the most effective garlic supplement should have the right actives.



Nature*4*Science, Inc. is the leading supplier of premium quality raw materials including **New-Gar(R)**, the #1 nutraceutical and pharmaceutical garlic in the industry. New-Gar® nutraceutical garlic line is available in both organic & non-organic.

The organic garlic is certified by Ecocert, France.

If you need additional information or a sample, please contact our customer service at 714-223-0647 or visit our website www.nature4science.com.